We are in unprecedented times, with the situation changing on a near-hourly basis as we assess the implications of advice coming from the many and various government bodies. However, the Parish Council together with all the Churches in the village and Love Burley are well placed to support residents by connecting people who have needs with people who can offer help.

If you are aware of any elderly or vulnerable adults needing support please contact Love Burley –

Robert Saville 07802 800016
Becky Berry 07874 226690

They have a list of volunteers who are happy to help with shopping, have a chat on the phone or assist as needed. If you are able to help with the volunteering activity then please let Robert or Becky know.

For those who use Facebook, here’s a link to Burley Community Action Response - a group set up to help coordinate support for vulnerable neighbours. www.facebook.com/groups/3622800741128066

For other adults in the village who run into difficulties and have no neighbours to step in to help then please contact a member of the Parish Council who will try to access support for them. Contact details are on the Parish Council website or direct initial requests to Parish Councillors:

Gary Scott 07413 043217  Jan Lepley 07711 329809
Chris Turner 07801 966531  Vicky Evans 07799 475854

The following advice from the Community Action Response team forms the basis of our community support:

**Think of others, consider your actions & be kind:** People in every community will face the challenges of COVID-19 in some way – from needing basic provisions to help while they are unwell.

**Connect and reach out to your neighbours:** as self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.
Make the most of local online groups: Keep up to date, share information and be a positive part of your local community conversations using platforms like https://nextdoor.co.uk/

Support vulnerable or isolated people: different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.

Share accurate information and advice: Support anyone who may be anxious about COVID-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.

You can keep up to date with all of the latest government advice and information on the Bradford Council website or by visiting the NHS 111 website — 111.nhs.uk
Residents can also sign up to the Council’s email news and updates at www.burleyparishcouncil.co.uk.

Food Bank Donations
The food bank collection point has now moved to the Co-op on Main Street. If you are able to make any donations during this difficult time, they will be gratefully received.

Look after your Neighbours
It’s easy to help and look out for your neighbours during this time. You can help to support vulnerable or isolated people within the community that are at an increased risk with social isolation and loneliness.

Members of the community may find the form (below) useful to hand out to neighbours to offer support and provide their contact details. Copies of the form are also available in the Co-op or Waste Not in the village.

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## HELLO! If you are self-isolating, I can help.

**My name is**

**I live locally at**

**My phone number is**

**If you are self-isolating due to COVID-19 I can help with:**

- [ ] Picking up shopping
- [ ] Posting mail
- [ ] A friendly phone call
- [ ] Urgent supplies

Just call or text me and I’ll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep. #ViralKindness